



THE ONTARIO NAIL INSTITUTE

## **The Ontario Nail & Esthetic Institute**

TONeI MISSION STATEMENT:

***Raising the Nail Technician's standard through quality education, product and service.***

### **EXCELLENCE IN EDUCATION**

TONeI offers the most thorough training available in the nail enhancement and esthetic fields. All classes were created by Ellen Flood, who is an Award Winning Nail Technician, Competition Nail Judge & Director, International Educator, AEFM Educator and Industry Conference Speaker.

Our focus is on knowledge and skills that surpass basic product application courses and this training is exceptional since we **limit all courses to 4-8 students, therefore we encourage early registration.**

Our mission, to raise the standard through education, demands constant development of the most up-to-date and informative courses and these are delivered in professional classrooms. Classes will consist of classroom lectures including in-depth theory, demonstrations for services and products, hands on practical training and in some cases guest educators will be invited to share their knowledge and skills.

TONeI is the ideal place to start your training or, in many cases, a source for fine-tuning your skills and learning new techniques. We can help with your "everyday" questions as well as provide in-depth practical training. It's about taking time with every Technician and that, essentially, is the TONeI difference.

TONeI's courses are designed to teach you professionalism and to ensure your success we have outlined below some basic guidelines that will be followed by all students.

#### **Entrance Requirements**

Grade 10 Education.

Personal interviews will be conducted with the Director of Education to ensure suitability to the program and to clarify expectations of both student and education director.

#### **Pricing & Material Costs**

All class pricing includes kit costs and materials that will be required for practical applications as well as practical assignments off site. All equipment will be provided for in class and practical setups only. Additional equipment and supplies may be purchased through The Ontario Nail Institute.

#### **Dress Code**

TONeI enforces a dress code in order to maintain the standard of excellence that exceeds other class expectations. For all classes we require that you **wear business casual attire and sensible shoes.** Jeans, running shoes, short skirts, tank tops, short shirts and bare feet will not be permitted. Technician smocks are available for purchase for those who wish to do so.

#### **Certificates & Attendance**

Certificates will be awarded to those who achieve an overall grade of 75% or greater.

Attendance is crucial for all courses due to the high standard of the practical and theory components placed on these courses.

TONeI places very high value on our curriculum, therefore it is imperative that all students submit assignments on time as requested and complete all practical components as requested in class. Failure to complete tasks or assignments in class and off site could hinder the certificate process.

**All classes missed will need to be made up prior to final examination with an additional scheduling fee or you will need to wait until the class is offered again. This can be difficult as courses are only offered on a part time basis and only run at the most three times per year.**

**\*\*Refunds will not be given to those who choose not to complete the program or to those who fail to meet the exam requirements.**

## **TRAINING PROGRAMS**

Students may take one or all modules depending on their interest. Students are required to complete a comprehensive program of theoretical and practical study. There will be homework assignments, required sanitation procedures, quizzes, along with written and practical examinations at the end of each module.

### **Program List**

#### **Natural Nail Care**

This program teaches students manicure and pedicure including topics of: salon sanitation, nail structure, fingernail disease/disorders, client consultation and basic as well as spa manicure and pedicure procedures. This program also includes an introduction to aromatherapy class.

Duration: 9 classes or approx. 37 hours (includes written and practical exam)

Cost: \$1375.00 includes textbook, manicure & pedicure kit & case

Workshops included: Theory 1, Manicure 1-4, Pedicure 1-4, Intro to Aromatherapy, exam day

**PLEASE NOTE:** Manicure and pedicure courses may be taken individually. Manicure cost \$850.00 (includes text, all classes, uniform, kit, case & exam). Pedicure cost \$595.00 (includes classes and kit, no textbook). However the pre-requisite to pedicure is manicure or equivalent certificate from another facility. This must be reviewed prior to registration.

#### **Nail Enhancements**

TONEi teaches 3 different nail enhancement systems. Students will gain the expertise to create new nails, learn the fundamentals of nail fills and maintenance, along with repairs and troubleshooting. If students wish to receive a certificate upon completion, they must attend all scheduled classes and will be required to write a written exam and complete a practical exam on a designated exam day.

#### **Manicure**

In this module students will learn basic as well as spa manicure.

Classes included: Theory 1, Manicure 1-4 (also includes text, case & kit of supplies)

Cost: \$850.00

#### **Pedicure**

In this module students will learn basic as well as spa pedicure.

Classes included: Pedicure 1-4 (also includes kit of supplies)

Cost: \$595.00

#### **Introduction to Nail Enhancements**

This is the prerequisite for those students who already hold a manicure certificate and want to learn nail enhancements. Students will learn nail product chemistry, health and safety in the salon and proper nail preparation for nail enhancements.

Classes included: Theory 2, Nail tips & preparation (does not include text), and tip kit

Cost: \$250.00

#### **Silk/Fibre Wraps**

In this module students will learn about a short term artificial nail, great for proms, parties and other special occasions where customers only need or want nails for a short term. This nail is the easiest to remove, that why it is the best choice for temporary service. We will review proper tip application and preparation, and then add the silk/fibre wrap over top. We will begin to learn about perimeter shaping in this section.

Classes included: Silk/Fibre 1 & 2

Cost: \$250.00 includes classes & kit

Prerequisite: Introduction to Nail Enhancements

#### **Liquid/Powder Enhancements**

In this module students will learn about traditional and odourless liquid & powder, how to apply this system over tips and to sculpt extensions.

Classes included: Acrylic 1-5

Cost: \$625.00 includes classes and acrylic kit

Prerequisite: Introduction to nail enhancements

#### **UV Gel Enhancements**

In this module students learn about UV Gel nail technology and how to apply this system over tips and to sculpt extensions. Gel polish theory and practical is also included in this course.

Classes included: Gel 1-5

Cost: \$695.00 includes classes gel kit & lamp

Prerequisite: Introduction to nail enhancements

## Workshop Descriptions

### **Theory 1** – Introduction to Nail Technology

Topics include: becoming a professional nail technician, nail anatomy, diseases and disorders, sanitation.

### **Theory 2** – Nail Product Chemistry & Salon Health and Safety

Understand how nail enhancements are applied, what makes them work and the differences between nail systems as well as working with them safely in the salon. **Prerequisite: Theory 1**

### **Theory 3** – Salon Management & Marketing

Students will learn how to work in a salon environment along with record keeping, operating their own business, government requirements, marketing their salon and services, client development, service pricing and retailing.

### **Manicure 1** – Manicure & the Natural Nail

Proper wet manicure and polishing procedure is studied and performed along with the importance of natural nail health, in addition to product knowledge, client consultation and home care.

**Prerequisite: Theory 1**

**Note: Model required**

### **Manicure 2** - Dry Manicure

Students will learn and perform dry manicure procedure and focus on massage techniques and polish perfection.

**Prerequisite Manicure 1**

**Note: Model required**

### **Manicure 3** – Manicure & Paraffin

Students will perform full manicure procedure reviewing massage and will learn how to give paraffin treatments. They will learn French polish application.

**Prerequisite Manicure 1 & 2**

**Note: Model required**

### **Manicure 4** - Spa Manicure

Students will learn about add-on treatments and will perform a spa manicure with exfoliants and masks. Polish application will be perfected.

**Prerequisite Manicure 1-3**

**Note: Model required**

### **Manicure exam**

Students will perform a full spa manicure on a client and will be observed for grading.

**Prerequisite Manicure 1-4**

**Note: Model required**

### **Pedicure 1**

Students will learn and perform basic pedicure techniques with focus on callous & cuticle work along with toenail polishing. They will review disease identification and prevention related to the foot.

**Prerequisite Manicure 1-4**

**Note: Model required**

### **Pedicure 2**

Students will review basic pedicure procedure with the focus on massage and polish application. They will also learn about corn removal and how to deal with ingrown toenails. Students will also learn how to consult pedicure clients and provide them with special treatments.

**Prerequisite Pedicure 1**

**Note: Model required**

### **Pedicure 3**

Students will review pedicure procedures and will perform paraffin wax on the feet along with French polish application.

**Prerequisite Pedicure 1 & 2**

**Note: Model required**

### **Pedicure 4** – Spa Pedicure

Students will learn about pedicure add-on services. They will cover spa pedicures and will perform a complete spa pedicure service including scrub and mask.

**Prerequisite Pedicure 1-3**

**Note: Model required**

### **Pedicure exam**

Students will perform a spa pedicure and be observed for grading.

**Prerequisite Pedicure 1-4**

**Note: Model required**

## Workshops continued

### **Nail Tips & Preparation**

Students will learn how to prepare the natural nail for enhancements, form application theory and about the various kinds of nail tips used for extension purposes, temporary sets of nails, how tips fit and bond to the nail, how to make tip corrections, as well as blending for clarity. During this workshop you will fit, apply and blend a full set of tips and learn how to remove them.

**Prerequisite Manicure**

**Note: Model required**

### **Silk/Fibre 1 – Nail Tips with Fibre/Silk Wrap**

Students will learn about silk and fiberglass wraps and how to apply them over tips. They will learn perimeter shaping.

**Prerequisite Nail Tips & Preparation**

**Note: Model required**

### **Silk/Fibre 2 – Silk/Fibre Fills**

Students will be introduced to artificial nail maintenance, when it is required and the steps to doing so. They will also learn how to fill the silk nails applied in Silk/Fibre 1.

**Prerequisite Resin 1**

**Note: Model required**

### **Acrylic 1 – Introduction to Liquid/Powder**

Students learn how to mix liquid monomer with polymer powders, the proper liquid/powder ratio and will practice picking up and placing acrylic balls on practice paper and practice fingers. Students will also learn about nail forms, the different kinds of forms and will practice how to apply forms.

**Prerequisite Manicure, Nail Tips & Preparation**

### **Acrylic 2 – French Tips with Liquid/Powder Overlay**

Students will apply French tips, and apply liquid/powder over the tips. They will learn theory of shaping and finishing and apply this on the nails applied during class.

**Prerequisite Acrylic 1**

**Note: Model required**

### **Acrylic 3 – Sculpted Pink & Whites**

Students will apply a full set of sculpted French pink and white acrylic extensions on a model.

**Prerequisite Acrylic 1&2**

**Note: Model required**

### **Acrylic 4 – Clear Liquid/Powder Fill**

Students will learn the importance and procedure of nail fills and maintenance. They will perform a clear liquid/powder fill on the nails applied in Acrylic 2.

**Prerequisite Acrylic 1-3**

**Note: Model required**

### **Acrylic 5 – Liquid/Powder French Fill**

Students will learn how to maintain that permanent French look while sculpting liquid/powder. They will learn how to eliminate seams and lift lines without using nippers. They will also perform a French fill on their model from Acrylic 3 and learn to buff nails to a high shine.

**Prerequisite Acrylic 1-4**

**Note: Model required**

### **UV Gel 1 – Introduction to UV Gels**

Students will learn the different gel components and when to use them. They will also learn about UV lamps and gel brushes. Students will practice picking up and manipulating the gel, learn how to do a gel overlay on a natural nail in theory and practice. Knowledge of gel polish is also included in this workshop.

**Prerequisite Manicure, Nail Tips & Preparation**

### **UV Gel 2 – Tips with Gel Overlay**

Students will apply a full set of natural tips, blend for clarity and then a gel overlay on a model of their choice.

**Prerequisite UV Gel 1**

**Note: Model Required**

### **UV Gel 3 – Sculpted French Gel**

Students will learn how to remove gel nails as well as how to sculpt a new set using French white gel for the nail extensions instead of tips.

**Prerequisite UV Gel 1 & 2**

**Note: Model Required**

### **UV Gel 4 – Clear Gel Backfill**

Students will perform a clear backfill on their model from UV Gel 2. They will learn how to eliminate lift lines and rebalance the gel application, review surface shaping and how to polish on top of the gel surface.

**Prerequisite UV Gel 1-3**

**Note: Model required**

### **UV Gel 5 – French Gel Fill**

Students will learn how to maintain the permanent French manicure using white gel while performing a nail fill. They will remove lifting, rebalance the gel and recreate perfect smile lines

**Prerequisite UV Gel 1-4**

**Note: Model Required**

### **UV Gel 6 – Gel Toes**

Students will learn how to apply french and coloured gel to the toenails in theory and practice.

**Prerequisite Pedicure module & UV Gel 1-5 or equivalent**

**Note: Model required**

### **Machine – Electric Filing the Safe Way (\$85.00)**

Students will learn the theory behind electric files, how they are used, what the different bits are and when they are used, what to look for when purchasing a machine, electric file maintenance along with hands on introduction to electric file use with nail enhancements.

## Aesthetics Programs

The Aesthetic courses listed below are new to The Ontario Nail Institute.

We have brought in new Educators with many years of experience to instruct you in these areas. Our class size is limited to 6-8 students (depending on the program) to ensure maximum hands on training. TONi uses high quality products in the classroom. This along with our small class size sets us apart from our competition. We can also place over 90% of our graduate students directly into salons, because TONi is now recognized in our region as an excellent training facility and employers request our students.

### Waxing

This course teaches the fundamentals of waxing to remove unwanted hair. Students learn theory of hair growth, the theory of all hair removal methods along with their advantages and disadvantages. Students also learn client care including consultation, proper draping and contra-indications of waxing. Students learn the benefits of block/hard wax and will perform facial waxing with hard & soft wax. Each week includes hands on practical sessions in waxing all body areas. Students will receive a Waxing certificate upon successful completion.

**Duration:** 6-8 classes or approx. 24 hours (includes written and practical exam)

Course fee includes classroom supplies & written handout materials

**Note: Models with hair growth required (students will work on each other where possible)**

### Advanced Waxing

Students will view and perform specialty bikini wax services, including full brazilian.

**Duration:** 1 class or approx. 4 hours

Course fee \$95.00

**Prerequisite:** TONi waxing certificate or equivalent

**Note: Model Essential \***

### Threading

Students will learn about the ancient art of hair removal using thread. Benefits of threading compared to waxing are that it provides more precise control in shaping eyebrows and is more gentle on the skin.

**Duration: 2 classes or approx. 6.5 hours**

Course fee: \$195.00 (kit & exam day included)

### Makeup Artistry

Our makeup course teaches the basics of skin type, face shape, colour theory and will teach students practical applications of daytime, evening, smokey eye, and bridal makeup. Makeup kit and brush set included.

**Duration:** 6-8 classes or approx. 24 hours (includes written and practical exam)

Models required for each evening

### Eyelash Extensions

Students will about the different types of lashes, products and history of permanent & semi-permanent lashes. In addition students will learn how to and will apply natural-looking individual JB brand eyelashes on a model, and how to care for permanent lash applications. The second day students will learn how to fill and remove lash extensions.

**Duration: 2 class or approx. 8 hours**

Course fee: \$695.00 (course, tools, kit & case)

### Smile Fx Teeth Whitening

Students will learn about the revolutionary table top Smile Fx teeth whitening system, designed specifically for the salon.

They will learn about comparable teeth whitening systems and the disadvantages of them compared to Smile Fx. They will learn how to administer this treatment to clients and how to promote the business of teeth whitening.

All students will have their teeth whitened during class (if they are suitable candidates) and will write a quiz at the end of class and receive their certification of a teeth whitening technician upon passing.

**Duration: 1 class or approx. 4 hours**

Course fee: \$99.00

## **Facials & Skin Care**

**Note: Models required (students will work on each other where possible)  
Students will be expected to wear a smock, scrub pants, & soft soled shoes.**

### **Skin Care Basics**

Students will cover the history and career opportunities within the esthetic field. We will outline the esthetic professional image and client communication as well as in depth theory of sanitation, infection control, diseases and disorders of the skin, general anatomy, physiology of the skin, muscular system and how to treat the skin and help it achieve its healthy condition. In addition you will learn about the nervous system which essential to performing treatments. Due to the intense theory covered this is a pre-requisite to all other skin care classes.

**Duration: 5 classes or approx. 20 hours**  
**Course fee: includes classroom materials**  
**Textbook additional \$195.00**

### **Facial Products**

Students will be taught skin care product composition, nutrition of the skin, skin health. Students will learn about mature skin and hormonal effects along with the damaging potential of the sun. Students will learn and perform skin type and analysis versus condition and contra indications

**Duration: 5 classes or approx. 20 hours**

### **Facial Application**

Students will learn & perform customer draping technique in addition to treatment room preparation. Students will learn customer record keeping, basic chemistry and electricity as they are applied in this industry, how to use facial machines and how they assist with product penetration to the dermis level achieving maximum results. Students will learn and perform a basic facial learning the proper cleansing techniques.

**Duration: 4 classes or approx. 18 hours**

### **Facial Treatments**

Students will learn lymphatic drainage massage, the use of facial machines along with all types of facial masks performed in a spa setting. Students will study in depth product knowledge about the advanced skin care line of products we will use in class from formulation, application, features and benefits along with client recommendations.

**Duration: 5 classes or approx. 20 hours**

### **Advanced Facial Care**

Students will learn advanced facial treatments including hydrating, anti-aging, desensitizing, and regenerating along with other highly active therapies for those clients seeking more than a regular facial in addition to treating problematic & acneic skin. They will study advanced cleansing techniques, review facial massage techniques and perform extractions. Students will learn the benefits and hands on application of enzymatic peels, glycolic and other specialized mask applications. They will be able to identify the different effects that these treatments have on the skin and will learn how and when to recommend each of these services and combinations there of to clients. Students will acquire troubleshooting techniques to help alleviate skin reactions and will be educated in the retail aspect of skin care products. Students will learn the proper timing and pricing of advanced treatments and retail as it applies to the industry.

**Duration: 5 classes or approx. 22 hours**  
**Prerequisite facial certificate or equivalent**

### **Laser Treatments (coming soon)**

Students will learn & perform advanced laser treatments for hair removal, capillaries, photo facials.

**Prerequisite: Skin Care knowledge**

### **Introduction to Body Treatments**

Students will learn basic skin care theory in preparation for providing many body treatments. This is also the pre-requisite course for relaxation massage.

### **Relaxation Massage**

Students will learn relaxation massage techniques from a Registered Massage Therapist. Please note these techniques are for spa relaxation services only, and are not designed for therapeutic treatment.

**Duration: 4 classes or approx. 20 hours**  
**Prerequisite: Intro to body treatments**

### **Body Treatments (coming soon)**

Students will learn assorted body treatments including full body mask, body sea salt glow, parafango & hot stone massage.

**Prerequisite: Intro to body treatments**

### **Eye Brow/Eyelash Tinting**

Students will learn how to use professional tint to change and enhance the colour and look of eyelashes and eyebrows. Tinting is used for those who wish to not wear makeup and will make lashes look more visible & plump.

**Duration: 1 class or approx. 4.5 hours (includes kit)**

## **ADVANCED WORKSHOPS**

TONi also has a series of workshops for the intermediate or advanced technician performed in a classroom setting (8 students max.). These are offered on a calendar basis during the three semesters at The Ontario Nail Institute. These courses can be taken individually in preparation for certification exams or just to improve technician skills. For these advanced workshops, Nail Technicians are required to bring their own models and product to work with.

### **TONi Introduction to Nail Art**

Here you will learn how to be creative at your desk and have some fun with your clientele. You will be learning the basics of hand painted nail art. Topics include: colour basics, striping, dotting, and a simple design for the season. This course is offered twice per year, spring & fall. Spring class covers Easter, summer, fall & Halloween designs, fall class covers Christmas, New Year & Valentines day occasions.

**Course fee \$85.00 (includes kit)**

### **One Stroke Painting**

In this unique class, students will learn many important pedal and leaf strokes, double loading, fading and detailing with art brushes. Students will also learn colour theory, utilizing colour values and colour schemes. These techniques can be created with both acrylic paint and our New AnGel Artistic Gel Paints.

**Course fee \$85.00 (includes brush)**

### **Coloured Gel Art**

Students will learn about coloured gels and how to use them to make simple nail art designs. Coloured gels and tips & sticks provided. One pot of colour gel included.

**Course fee \$95.00 includes 1 pot of TONi coloured gel**

### **Advanced Gel Art**

Students will learn and perform more complex gel art designs such as inlayed art, feathers, cut outs, 3D and more. Coloured gels and tips & sticks provided. Two packages of nail art materials of your choice included.

**Course fee \$85.00**

### **Introduction to Coloured Acrylic**

Here students will learn about coloured powders and how to combine them to make unique nail art designs with liquid and powder. Designs include coloured tips; reverse French, colour fade, inlaid nail art and 3D design. Course includes your choice of one coloured collection. **Course fee \$150.00**

### **Troubleshooting**

Troubleshooting with problem clients and your nail system. From "fake nails" to a natural overlay. During this workshop you will meet fellow technicians during this Chat & Challenge Seminar. You will have the opportunity to try new troubleshooting ideas, use new products, demonstrate your individual skills, as well as advance your knowledge in this informal tech to tech atmosphere. Tell us what you would like to see and together we will, "Nail One Down!"

**Course fee \$85.00**

**Note: Model & Products required**

### **Designer Eyelash Extensions**

Students will take what they have learned from basic eyelash extensions and learn how to now add design. This includes coloured lashes, ombre effect, rhinestones and more.

**Prerequisite:** Eyelash extensions or equivalent

Course fee: \$250.00 (course, & kit)

### **Eyebrow Extensions**

Students will learn the newest technique in the beauty industry, individual brow extensions. Students will learn how to and will apply natural-looking individual eyebrows on a model, and how to care for them.

**Duration: 1 class or approx. 5 hours**

**Prerequisite:** Eyelash extensions or equivalent

Course fee: \$295.00 (course, tools, & kit)

### **Gel Toes**

Students will learn how to apply gel overlays to the toenails using coloured gel and French gel techniques.

**Course fee \$85.00**

**Prerequisite: Gel 1-5 or already a Gel technician**

**Note: Model & Products required**

### **Salon Management & Marketing**

Students will learn how to work in a salon environment along with record keeping, operating their own business, government requirements, marketing their salon and services, client development, service pricing and retailing.

**Course fee \$85.00**

### **TONi Educators Program**

This program is for the experienced professional nail technician who wants a new challenge. Develop your own nail enhancement skills and learn to teach a beginner nail program. Earn extra income and/or learn how to properly train your staff.

**Please contact Ellen Flood to discuss the pre-requisites and costs for this program.**

## **All course fees and all kits are subject to HST.**

**The Ontario Nail Institute wants to teach students who want to learn!** Private one-on-one education is available at an hourly rate. Please feel free to contact us to discuss your educational needs.

**Please Note: All classes require a non-refundable deposit of \$50.00 fee to reserve your seat. If you choose not to complete the course or write the exam, payments are not refundable. Prices are subject to change without notice.**